



#iPromiseto:



Unleashing youth potential, one promise at a time!
What promise will you make?

- 1) Write your promise on this card
- 2) Take a picture of yourself holding this promise card
- 3) Register your promise at *thepushforchange.com*
- 4) Share on your social media using #iPromiseto
- 5) Fulfill on your promise
- 6) Update your promise regularly online
- 7) Challenge your family or friends to do the same.