



#iPromiseto:



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**Unleashing youth potential, one promise at a time!
What promise will you make?**

- 1) Write your promise on this card
- 2) Take a picture of yourself holding this promise card
- 3) Register your promise at thepushforchange.com
- 4) Share on your social media using #iPromiseto
- 5) Fulfill on your promise
- 6) Update your promise regularly online
- 7) Challenge your family or friends to do the same.